

OCTOBER 2023

RCYSUC NEWSLETTER



Richland County Youth Substance Use Coalition

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Hi everyone,

Thank you for reading the October issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this issue you'll find the most recent news, helpful resources, webinars and more. Our next Coalition meeting will be **October 30th, 2023 at 3pm**. You can join us in person at Richland Public Health. The next Committee meetings will be:

Data & Evaluation - Oct 16th @ 12pm

Prescription Drugs - Oct 16th @ TBD

Alcohol - Oct 18th @ 12pm

Thanks for your dedication and support!



drugfreerc.org



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NATIONAL SUBSTANCE MISUSE PREVENTION MONTH



October is Substance Misuse Prevention Month and Youth Substance Use Prevention Month. We know that prevention works! Visit [SAMHSA](#) and help spread the word about prevention month and learn about other ways to get involved. Additionally, you can view President Biden's proclamation for National Youth Substance Use Prevention Month [HERE](#).

NEWS + RESOURCES

[Associations Between Parental Drinking And Alcohol Use Among Their Adolescent Children](#)

Underage drinking is a costly but preventable problem. Parents play a huge role in the behaviors of their children and can help prevent underage drinking. Parents who drink frequently (5 or more times a month) or binge drink (5 or more drinks in a couple hours for males, 4 or more drinks in a couple hours for females) are more likely to have adolescents who drink. In this study, adolescents had **4.1 times** greater odds of drinking if their parents reported frequently drinking, compared to adolescents whose parents did not drink. Adolescents had **3.7 times** greater odds of drinking if they had parents who binge drink at least once in a month. Parents can reduce the odds of underage drinking and the harms associated with it by drinking less often and avoiding binge drinking. Read more [HERE](#).

[Many Online Marijuana Dispensaries Let Youth Purchase Cannabis](#)

In a recent [study](#), researchers looked at 80 online marijuana dispensaries across 32 states. Researchers found that 22 (27.5%) of the dispensaries delivered across state lines. 15 dispensaries (18.8%) did not require any formal age verification when purchasing on their websites. 54 dispensaries (67.5%) had written policies about marijuana sales to minors, yet 13 of them didn't verify age before purchase or when a person received the product. The dispensaries looked at in this study largely lack adequate age verification and also accept nontraceable payment methods. Parents/guardians should be aware of how accessible substances can be these days. Read more [HERE](#).

UPCOMING TRAININGS AND WEBINARS

2023 HIDTA Prevention Summit - Youth Substance Use Prevention

Thursday, October 12th, 2023 from 8:45AM-5PM

[Register Now](#)

Clear The Vapor Conference 2023 - Parents Against Vaping E-Cigarettes

Tuesday, October 24th, 2023 from 11AM-5PM

[Register Now](#)

What You Need To Know About Xylazine: A Discussion With The American College Of Medical Toxicology

Tuesday, October 24th, 2023 from 2:30-3:30PM

[Register Now](#)

A Focus On Coalition Best Practices

Thursday, October 26th, 2023 from 2-3:30PM

[Register Now](#)

QUIT VAPING RESOURCES

[drugfreeCT](#) has great information on making a plan to quit vaping and plenty of resources to help you. There are also a lot of local resources in Richland County to help you including [CACY](#) and OhioHealth Mansfield. If you want text messaging programs look at [My Life My Quit](#), [SmokeFree.gov](#) and [This is Quitting](#). Check the resources out or share with someone that might be interested.



The Coalition is looking for additional volunteers! Do you want to be a Chair or Co-chair of a committee? Help with social media? Attend community events? Fundraise? Advocate on behalf of RCYSUC? Or simply learn more? Visit drugfreerc.org/becoming-a-member/

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

