

AUGUST 2023

RCYSUC NEWSLETTER

The logo features a stylized starburst or star shape composed of several overlapping, curved, pointed shapes in shades of orange, yellow, and green. The text "Richland County Youth Substance Use Coalition" is centered over this graphic.

Richland County Youth Substance Use Coalition

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Hi everyone,

Thank you for reading the August issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this issue you'll find the most recent news, helpful resources, webinars and more. Our next Coalition meeting will be **August 28th, 2023 at 3pm**. You can join us in person at Richland Public Health, or join us on Zoom. The next Committee meetings will be:

Alcohol - August 16th @ 12pm

Data & Evaluation - August 21st @ 12pm

Prescription Drugs - August 21st @ 3pm

Thanks for your dedication and support!



drugfreerc.org



facebook.com/RCYSUC

TOBACCO CONTENT IS COMMON ON SOCIAL MEDIA



Almost all teens use social media. Big Tobacco takes advantage of this. Research shows that seeing tobacco posts on social media doubles the odds of a young person using tobacco compared to those who don't see posts. The tobacco companies use social media to gain trust and find new

users. They target youth and spread misinformation. For example, people who support vaping used Food & Drug Administration (FDA) tweets about e-cigarette regulation to spread anti-regulatory messages. These tweets were shared much more than the FDA's. Additionally, restricted marketing to youth does not cover newer products like e-cigarettes or social media. Read more [HERE](#).

NEWS + RESOURCES

[Casual Cannabis Use In Adolescents Is Associated With Adverse Events](#)

Most studies about cannabis look at people with cannabis use disorder. This study looked at 68,263 adolescents who are casual cannabis users. Casual users are people who used cannabis in the past year and did not meet the criteria for a disorder. The study shows that casual users are 2-4x more likely than nonusers to have adverse psychosocial events like major depression, suicidal ideation, slower thoughts, difficulty concentrating, truancy, low grade point average, arrest, fighting, and aggression. Read more [HERE](#).

[E-cigarette Flavor Restrictions Could Lower Vaping Rates For Adolescents And Young Adults](#)

1,414 adolescents between the ages of 14 and 17 were surveyed on e-cigarette use. Almost 39% of them said they would stop using e-cigarettes if tobacco and menthol flavors were the only options. 71% said they would quit if tobacco was the only flavor option. Sweet flavors make it far more likely for people to become addicted to nicotine. Read more [HERE](#).

UPCOMING TRAININGS AND WEBINARS

Cannabidiol (CBD) - Potential Harms, Side Effects, and Unknowns

Tuesday, August 8th, 2023 from 2:30-4PM

[Register Now](#)

Stimulants (Methamphetamine And Cocaine) 2023: Impacts And Treatments

Wednesday, August 9th, 2023 from 12:30-2PM

[Register Now](#)

How To Use AI - ChatGPT For Effective Prevention Outreach

Wednesday, August 9th, 2023 from 2-3PM

[Register Now](#)

The Mental Health Stigma Revolution Part 2

Wednesday, August 23rd, 2023 from 2-3:30PM

[Register Now](#)

VAPING: ITS RISKS AND ITS IMPACT



Watch this short, 4-minute [video](#) about vaping from the [Partnership to End Addiction](#). In addition to this video, they have many helpful resources that you can check out. Topics include prescription drugs, alcohol, marijuana, addiction, and more.



The Coalition is looking for additional volunteers! Do you want to be a Chair or Co-chair of a committee? Help with social media? Attend community events? Fundraise? Advocate on behalf of RCYSUC? Or simply learn more? Visit drugfreerc.org/becoming-a-member/

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

