

MAY 2023

RCYSUC NEWSLETTER

The logo features a stylized star or burst shape composed of several overlapping, curved lines in shades of orange, yellow, and green. The text "Richland County Youth Substance Use Coalition" is centered over this graphic.

Richland County Youth Substance Use Coalition

IN THIS ISSUE

**2021 YOUTH RISK
BEHAVIOR SURVEY**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**PRESCRIPTION DRUG
TAKE BACK DAY RESULTS**

Hi everyone,

Thank you for reading the May issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this edition you'll find the latest news, resources, webinars and more. The next RCYSUC meeting will be held on **May 22nd, 2023 @ 3pm**.

It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be:

Data & Evaluation - May 8th @ 12pm

Prescription Drugs - May 8th @ TBD

Alcohol - May 10th @ 12pm

Thanks for your dedication + support!



drugfreerc.org



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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS



The CDC has shared more data to their [Youth Risk Behavior Survey \(YRBS\)](#). YRBS data is collected every 2 years from a nationally representative sample of U.S. high school students. We can now look at data that is representative of the state of Ohio for high school students. The following data are for Ohio high school students only. An estimated 77.2% of youth in Ohio did NOT drink alcohol in the 30 days prior to taking the survey. 86.7% did NOT use marijuana in the 30 days prior to taking the survey. 80.0% did NOT use vapes in the 30 days prior to taking the survey. You can find additional information including physical activity, sexual health, dietary behaviors, and more for Ohio high school students [HERE](#).

NEWS + RESOURCES

[Snapchat's New AI Chatbot Is Raising Alarms Among Teens And Parents](#)

As an FYI to all, Snapchat has a new AI feature that people can chat with. There have been concerns about privacy. Additionally, the feature can't be removed without paying to do so. Youth and adults alike are bound to use it. It is important to be aware of some concerns that have been raised, especially related to mental health. Read more [HERE](#).

[Harnessing Video Games To Shape Stronger And Healthier Lives](#)

[play2PREVENT](#) is a lab that was founded over 13 years ago with funding from the National Institute of Child Health and Human Development. The lab focuses on video games for health promotion, risk reduction, and interventions. The games teach skills leading to behavior change and healthier/safer lives. Topics include mental health, vaping/smoking, sexual health, violence/bullying and more. The games are for different age groups. You can learn about and request access to all 5 current games [HERE](#).

UPCOMING TRAININGS AND WEBINARS

Fentanyl: Every Family Needs To Know

Tuesday, May 2nd, 2023 from 1-3PM

[Register Now](#)

Xylazine And The Effects On Public Health

Wednesday, May 3rd, 2023 from 12:30-2PM

[Register Now](#)

Youth and Opioid Usage

Wednesday, May 10th, 2023 from 1-2:30PM

[Register Now](#)

Enhancing Mental Wellness

Wednesday, May 17th, 2023 from 10-11AM

[Register Now](#)

2023 Youth Substance Use Prevention Institute

Wednesday-Thursday, May 17th-18th, 2023 from 8:30AM-4:30PM and 8:30AM-3PM

[Register Now](#)

**One of our own, Dr. Zili Sloboda will be presenting on both days!* [View Agenda.](#)*

PRESCRIPTION DRUG TAKE BACK DAY RESULTS



National Prescription Drug Take Back Day was held on Saturday, April 22nd. Overall, Richland County collected 306.5 pounds of unused/expired medications. For a full breakdown, check out the [Richland Source article](#). If you were not able to stop by, you may go to any of the locations listed [here](#) to safely dispose of medications, vitamins, and more. Help protect our children, our food supplies, and our water/environment by properly disposing of unused or expired medications.

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

