## The Triple D's

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What is triple D's?.....

**Don't Do Drugs. (DDD)** 

### What are drugs and what can they do to you?

Drugs- "Any substance (other than food) that is used to prevent, diagnose, treat, or relieve symptoms of a disease or abnormal condition." Drugs can also affect how the brain and the rest of the body work and cause changes in mood, awareness, thoughts, feelings, or behavior.

What it does to your body negatively- Drug use can affect short- and long-term health, including physical and mental health.



#### **MORE EFFECTS**

The effects of a drug, and how long they last, depend on a number of factors:

- the type and strength
- how the drug was made
- your height, weight, age, and metabolism
- the amount you take
- how often or how long you have used the drug



# Some slogans to help you stay away

- See Through The Smokes, It's Not Good For You.
- If It Costs Your Future, Don't Pay With Your Present.
- Whoever Told You Drugs Is Fun Lives A Miserable Life Already.



### **Some Important statistics**

- ~59.277 million or 21.4% of people 12 and over have used illegal drugs or misused prescription drugs within the last year.
- ~700K people have died from drug overdose deaths in the US since 2000 are nearing one (1) million.
- ~The federal budget for drug control in 2020 was \$35 billion.
- ~Over 70,000 drug overdose deaths occur in the US annually.



Final point

Dont Do Drugs!



"No one is immune from addiction; it afflicts people of all ages, races, classes, and professions."

Patrick J. Kennedy

### Thanks!

