

APRIL 2023

RCYSUC NEWSLETTER

The logo features a stylized starburst or star shape composed of several overlapping, curved, pointed segments in shades of orange, yellow, and green. The text "Richland County Youth Substance Use Coalition" is centered over this graphic in a bold, black, sans-serif font.

Richland County Youth Substance Use Coalition

IN THIS ISSUE

**APRIL IS ALCOHOL
AWARENESS MONTH**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**NATIONAL PRESCRIPTION
DRUG TAKE BACK DAY**

Hi everyone,

Thank you for reading the April issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this edition you'll find the latest news, resources, webinars and more. The next RCYSUC meeting will be held on **April 24th, 2023 @ 3pm.**

It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be:

Data & Evaluation - Apr 17th @ 12pm

Prescription Drugs - Apr 17th @ TBD

Alcohol - Apr 19th @ 12pm

Thanks for your dedication + support!

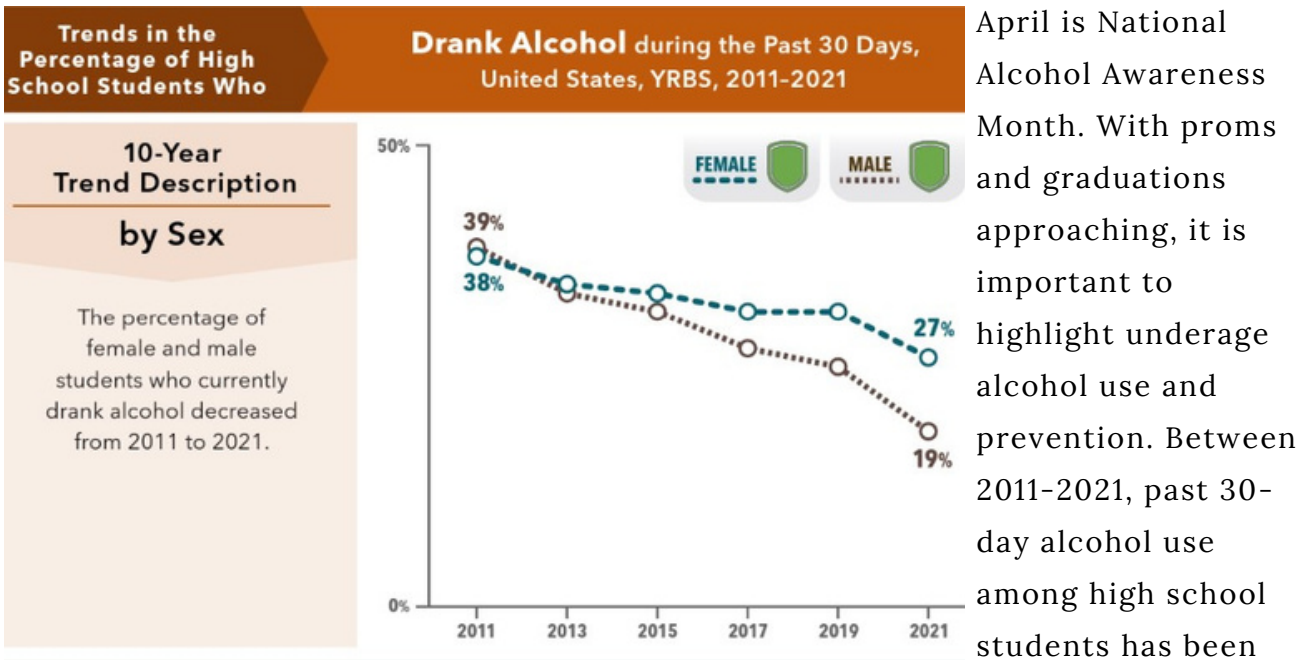


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APRIL IS ALCOHOL AWARENESS MONTH



April is National Alcohol Awareness Month. With proms and graduations approaching, it is important to highlight underage alcohol use and prevention. Between 2011-2021, past 30-day alcohol use among high school students has been

continually decreasing. **The majority of youth choose NOT to drink.** A common misconception is that everyone drinks alcohol. In reality, 81% of males and 73% of females in high school did NOT drink in the 30 days before data collection. The CDC has put together a data and trends [report](#) of their Youth Risk Behavior Survey (YRBS) which has more figures like the one above. YRBS data is collected every 2 years from a nationally representative sample of U.S. high school students. There is still much work to be done, but there are positives as seen above.

NEWS + RESOURCES

[FDA Approves First Over-The-Counter Naloxone Nasal Spray](#)

On March 29th, the FDA approved Narcan nasal spray (used to reverse the effects of opioid overdose) for over-the-counter, nonprescription use. This is the first such product approved for use without a prescription. With the high rates of overdoses due to opioids like fentanyl in the drug supply, this has potential to save lives. Read more [HERE](#).

[Partnership To End Addiction - Marijuana Resource Center](#)

This [resource center](#) has a lot of useful information on all things marijuana. Learn more about prevention, risks of use, THC, CBD, information for parents, teens, and more. In addition you can sign up for a [free personalized text message program](#) to get support in helping a loved one with prevention, intervention, treatment, or recovery. All support is customized to your needs. Text JOIN to 55753.

UPCOMING TRAININGS AND WEBINARS

Lessons From The Field - Understanding And Preventing Student Marijuana Use
[View Recording](#)

Ready Resources for Alcohol Awareness Month

Wednesday, April 5th, 2023 from 1-2PM

[Register Now](#)

Vaping And Marijuana: What Parents Must Know

Tuesday, April 11th, 2023 from 1-2:30PM

[Register Now](#)

Alcohol Industry Influences On Underage Drinking

Tuesday, April 11th, 2023 from 2-3:30PM

[Register Now](#)

Engaging Young Adults In Prevention Planning And Implementation

Wednesday, April 12th, 2023 from 11AM-12:30PM

[Register Now](#)

Evaluating Your Prescription Drug Misuse Prevention Efforts

Wednesday, April 19th, 2023 from 11AM-12PM

[Register Now](#)

NATIONAL PRESCRIPTION DRUG TAKE BACK DAY



National Prescription Drug Take Back Day is Saturday, April 22nd from 10AM-2PM. Help protect our children, our food supplies, and our water/environment by disposing any unused or expired medications. You may go to the Richland County Sheriff's Office, Bellville, Lexington, Shelby, and Plymouth Police Departments, or the Solid Waste Authority at 1125 National Parkway, Mansfield, OH.

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

