RCYSUC NEWSLETTER

Richland County Youth Substance Use

Coalition

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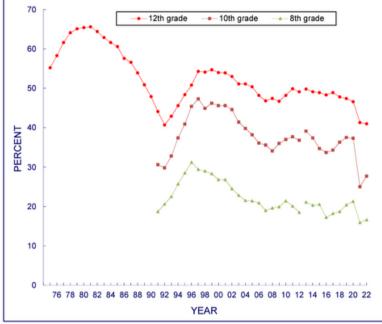
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Hi everyone,

Happy New Year! Thank you for reading the January issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this edition you'll find the latest news, resources, webinars and more. The next RCYSUC meeting will be held on January 23rd, 2023 @ 3pm. It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be: Data & Evaluation - Jan 9th @ 12:30pm Alcohol - Jan 18th @ 12pm Prescription Drugs - Jan 20th @ TBD Thanks for your dedication + support!

2022 MONITORING THE FUTURE SURVEY RESULTS

Any Illicit Drug Use Trends in <u>Lifetime</u> Prevalence by Grade



Monitoring the Future is a nationally representative sample of 8th, 10th, and 12th grade students about substance use. Substance use has remained relatively steady in 2022 after the significant decline in 2021. There is still much work to be done, but there are positives. Common misconceptions are that everyone vapes or smokes marijuana. In reality, 72.7% of 12th graders did NOT vape in the past year. 69.3% of 12th

graders did NOT smoke marijuana in the past year. There *have* been some increases in substance use that are important to be aware of. Significant increases took place for past 30-day use of cocaine, hallucinogens, and heroin for 12th graders. These returned to pre-pandemic levels. However, it's important to note that marijuana, alcohol, and vaping nicotine are more prevalent overall. Additional items: DAILY use of vaping nicotine and marijuana is increasing in 8th, 10th, and 12th graders as well as steroid use and prescription ADHD drug use. Overall, substance use is trending down, a sign of the hard work of all those involved in reducing youth substance use. You can view additional figures <u>HERE</u>.

NEWS + RESOURCES

Association Of Recreational Cannabis Legalization With Alcohol Use In The US

In this study, findings suggest that increased alcohol use may be an unintended consequence of recreational marijuana laws. This is increasingly relevant as marijuana use is on the rise in the US. The increases in alcohol use have primarily been seen among younger adults (18-24 years), men, non-Hispanic White respondents, and people without any college education. Read more <u>HERE</u>.

UPCOMING TRAININGS AND WEBINARS

Nothing About Us Without Us: Best Practices For Community-Led Prevention

Tuesday, January 10th, 2023 from 11AM-12:30PM

Register Now

Facing Fentanyl Head On As A Parent Tuesday, January 24th, 2023 from 1-2:30PM Register Now

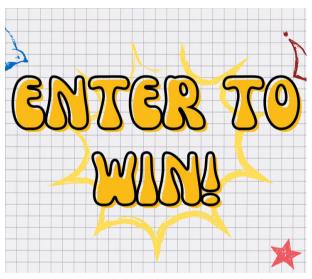
Communicating Cannabis Science To Communities And Collaborators:

Opportunities For Prevention Professionals

Thursday, January 26th, 2023 from 12-1:30PM

<u>Register Now</u>

DRUG & ALCOHOL PREVENTION CONTEST



If you are in kindergarten, elementary school, middle school, or high school (or are a parent/guardian of someone in K-12) enter the 2nd RCYSUC Drug & Alcohol Prevention Contest! Students can win gift cards, have their amazing work be shared around Richland County, and learn about substance use and prevention. The contest and chance to win prizes is open until February 2nd. Please feel free to share. You can learn more at <u>drugfreerc.org</u>.



<u>RCYSUC Mission</u>: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by <u>Richland Public Health</u> and funded by the Office of National Drug Control Policy.



