

OCTOBER 2022

RCYSUC NEWSLETTER

The logo features four curved, overlapping lines in shades of orange, yellow, and green, creating a starburst or dynamic shape behind the text.

Richland County Youth Substance Use Coalition

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Hi everyone,

Thank you for reading the October issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held on **October 31st, 2022 @ 3pm**. It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be:

Data & Evaluation - Oct 17th @ 12pm

Alcohol - Oct 19th @ 12pm

Prescription Drugs - Oct 21st @ 10:30am

Thanks for your dedication + support!



drugfreerc.org



facebook.com/RCYSUC

RCYSUC + RICHLAND SOURCE MEDIA CAMPAIGN



The Coalition needs YOUR help to get youth voices out into the community! Do you know of any students who would be interested in having an article written about them? A group that is typically heard from less often, youth will be asked to share what their reality is like. What are they interested in for the future, what are their strengths, what are their goals? If you know of students in the Mansfield area that would like to be involved with this campaign, please email gdeol@richlandhealth.org or crystal@necic-ohio.org.

NEWS + RESOURCES

[Beware of Social Media Challenges Like Nyquil Chicken](#)

You may have heard about this challenge by now. The FDA put out an alert about the dangers of cooking chicken in Nyquil, a supposed social media challenge. While their alert may have actually increased searches on this dangerous challenge, the tips they provide are important. Keep over-the-counter and prescription drugs away from children, high up and locked to prevent misuse. Regularly discuss with children the dangers of misusing medications. Never use medications that are not prescribed to you. Read more on this [HERE](#).

[New Substance Use Recovery Mapping Tool](#)

This new tool combines the Recovery Ecosystem Index, overdose mortality rates, and data on poverty, education, and other demographic factors for every county in the United States in one easy to use map. Use filters and different layers of data to get a more in depth understanding of recovery in each county. Check out the tool [HERE](#).

UPCOMING TRAININGS AND WEBINARS

Harnessing Community Organizing To Enact Alcohol Policies

Tuesday, October 4th, 2022 from 1:30-3PM

[Register Now](#)

Prevention, Treatment, & Harm Reduction With Dr. Zili Sloboda

Wednesday, October 5th, 2022 from 10-11:30AM

[Register Now](#)

Ways You Can Support Teen Mental Health

Wednesday, October 5th, 2022 from 2:30-3:30PM

[Register Now](#)

2022 High Intensity Drug Trafficking Area (HIDTA) Prevention Summit

Thursday, October 6th, 2022 from 8:45AM-4:45PM

[Register Now](#)

2022 Fall Webinar Series: Preventing Substance Use For Today's Youth

Wednesdays, October 5th, 12th, 19th, and 26th from 12:30-2PM

[Register Now](#)

COMMUNITY SPOTLIGHT



Miki Zeigler, Community Outreach Manager for [BrightView Health](#). My role as community outreach manager is to bridge the gap for those in need of substance and/or alcohol use disorder by working and partnering with community agencies, law enforcement, hospitals, etc., as well as outreach in the community. Street outreach is where I find myself a lot, providing hope and healing to our underserved population. Serving as Co-Chair for the Richland County Youth Substance Use Coalition has been a great opportunity to remind our youth that we see them, we hear them and they are important! They are the future of our community. Striving daily to serve people and save lives!

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

