

NOVEMBER 2022

RCYSUC NEWSLETTER



Richland County Youth Substance Use Coalition

IN THIS ISSUE

**NATIONAL PRESCRIPTION
DRUG TAKE BACK DAY**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**STICKER SHOCK
CAMPAIGN**

Hi everyone,

Thank you for reading the November issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held on **November 28th, 2022 @ 3pm.**

It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be:

Data & Evaluation - Nov 14th @ 12:30pm

Alcohol - Nov 16th @ 12pm

Prescription Drugs - Nov 18th @ TBD

Thanks for your dedication + support!



drugfreerc.org



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NATIONAL PRESCRIPTION DRUG TAKE BACK DAY



National Prescription Drug Take Back Day was on Saturday, October 29th. There were 4 locations in Richland County collecting unused or expired medications. Overall, 128.3 pounds of unused/expired medications were collected.

Mansfield Police Department: 101.9 pounds

Richland County Sheriff's Department: 1.4 pounds

Bellville Police Department: 15.0 pounds

Shelby Police Department: 10.0 pounds

Thanks for doing your part to protect youth, our environment, and help reduce prescription drug misuse! If you still have medications you'd like to get rid of, you can go year-round to any of the disposal sites listed at the link [HERE](#). You can also pick up FREE disposal pouches at [Richland Public Health, CACY](#), or the [Mansfield Richland County Public Library](#). The pouches can be safely used in your own home.

NEWS + RESOURCES

Alcohol And The Adolescent Brain

As adolescents grow, the brain is rapidly changing (well into a person's mid-20s). As the brain changes in response to new experiences, this can make adolescents more vulnerable to the negative effects of alcohol use. The planning and decision-making areas of the brain are the last to mature. As a result, youth are more likely to engage in unsafe behaviors like alcohol use. This is why adults play a huge role in preventing youth alcohol use. Education and regular conversations on the risks of using and the benefits of not using is crucial. Those who don't drink or start drinking at a later age tend to have better decision-making, memory, school performance and athletic performance all of which can last into adulthood and affect future earnings/success.

2022 National Youth Tobacco Survey: Youth Vaping

Vaping rates have gone up from 2021. 14.1% of high school students and 3.3% of middle school students reported using e-cigarettes in the past 30 days of taking the survey (data collected Jan 2022-May 2022). **2.5 million** students in the United States are vaping! The most commonly used e-cigs are disposable vapes and 85% use flavored products (fruit flavors being the most popular). Puff Bar and Vuse are the most popular brands. [HERE](#) is a helpful sheet for parents.

UPCOMING TRAININGS AND WEBINARS

Conversation With FDA's Center For Tobacco Products Director Dr. Brian King and Truth Initiative CEO And President Robin Koval

Tuesday, November 8th, 2022 from 12:30-1:30PM

[Register Now](#)

Implementing Community-Level Policies To Prevent Alcohol Misuse

Thursday, November 10th, 2022 from 2-3PM

[Register Now](#)

STICKER SHOCK CAMPAIGN



Coalition staff, community partners, and Richland County youth came together to do a Sticker Shock Campaign. The goal was to educate and help reduce the number of adults giving alcohol to underage youth. Thank you to Julia, McKenna, and Charlie. Thank you to the Ohio State Highway Patrol, NECIC, CACY, and Richland Source for your involvement. Special shoutout to the BP/7-Eleven on 2264 S Main Street and the Marathon/7-Eleven on 2424 Possum Run Rd for their willingness to be involved. You are responsible vendors in Richland County. Read more about it [HERE](#).



RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

