# Medicine Safety



<u>Tips To Use Medicines Safely</u>
Follow instructions for <u>YOUR</u>
prescription! Read medicine labels.

Use prescription medicines only for the medical condition it was prescribed for.

Use the right amount. Don't take larger doses.

Don't share medicines with anyone or take someone else's prescribed medication.

**Tips To Store Medicines Safely** 

Keep medicines in a lock box with a key or combination.

Keep medicines stored high and out of reach of children.

Put medicines away after every use.

Do not leave medicines out in the open.

Always keep medicine in its original container.





Richland County
Youth Substance Use
Coalition

# DISPOSE SAFELY. PREVENT MISUSE.

GET A FREE
DETERRA DRUG
DISPOSAL
POUCH TO
SAFELY
DISPOSE OF
UNUSED MEDS
AT HOME!



Safely disposing of medicines
helps prevent misuse and
overdoses in our community. It also
protects our environment! Flushing
medicines does not deactivate
them and can be unsafe for the
water system. Deterra Drug
Disposal Pouches are a quick and
safe way to dispose of your
unneeded pills, patches, and
liquids at home.

### Step 1

Tear open pouch and place unused medications inside

### <u>Step 2</u>

Fill pouch
halfway with
warm water and
wait 30 seconds

## Step 3

Seal pouch tightly, gently shake and dispose of in normal trash



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