

DECEMBER 2022

# RCYSUC NEWSLETTER



## Richland County Youth Substance Use Coalition

### IN THIS ISSUE

**MARIJUANA: STATE OF  
THE SCIENCE**

**NEWS + RESOURCES**

**UPCOMING TRAININGS  
AND WEBINARS**

**DRUG & ALCOHOL  
PREVENTION CONTEST**

Hi everyone,

Thank you for reading the December issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this edition you'll find the latest news, resources, webinars and more. There are many webinars and more long-form content in this month's edition. The next RCYSUC meeting will be held on **January 28th, 2023 @ 3pm**. It will be in person at Richland Public Health, with a Zoom option as well.



[drugfreerc.org](http://drugfreerc.org)



[facebook.com/RCYSUC](https://facebook.com/RCYSUC)

Wishing you all a Merry Christmas and a Happy New Year. Thanks for your dedication + support!

## MARIJUANA: STATE OF THE SCIENCE



This recorded webinar with Dr. Bertha Madras does a great job of summarizing how marijuana affects the brain, risk factors for youth use, and the risks to adolescent who use. Dr. Madras discusses high potency marijuana and frequent use which are so common today, as well as common misconceptions about marijuana use. Dr. Madras has a lifetime of experience, is a professor of psychobiology at Harvard Medical School, and is well versed to discuss these topics. Watch this webinar [HERE](#).

## NEWS + RESOURCES

### [Will Opioid Settlement Money Actually Go To Opioid Prevention?](#)

Listen to this short podcast with Linda Richter, vice president of prevention research and analysis at the [Partnership to End Addiction](#). She advocates for more funds for prevention and gives information on small efforts and approaches that can assist in prevention for youth. She stresses that messages must be consistent both inside and outside of the home (school, community, etc.). It is important to address the end-stage of addiction, but preventing use before it ever reaches that point is crucial. The podcast begins at 3 minutes and 30 seconds. Read more and listen to the podcast [HERE](#).

### [Cincinnati Vending Machine Is Preventing Overdoses - It's Becoming A National Model](#)

A harm reduction vending machine in Cincinnati, OH distributes free Narcan, safer smoking products, fentanyl test strips, PPE, and other helpful supplies. This is open 24 hours a day, 7 days a week. It is a growing strategy, with many people from around the country reaching out to learn more about how this was set up. In Ohio, Franklin County Commissioners and Columbus Public Health are partnering to do something similar. The details are further outlined in the article, but people must call a number to receive a code and register with the group running the machine. Registration is fairly anonymous, but allows staff to collect some important information. Not all items in the machine will be popular, but it is saving lives and provides an opportunity to share information and resources with people who need it. Read more [HERE](#).

## UPCOMING TRAININGS AND WEBINARS

### **Overcoming Data Collection Challenges In Rural Communities**

Tuesday, December 6th, 2022 from 10-11:30AM

[Register Now](#)

### **Understanding How To Support A Loved One's Struggle With Food And Their Body**

Tuesday, December 6th, 2022 from 1-2:30PM

[Register Now](#)

### **Overcoming Data Collection Challenges With Schools And Parents**

Tuesday, December 13th, 2022 from 10-11:30AM

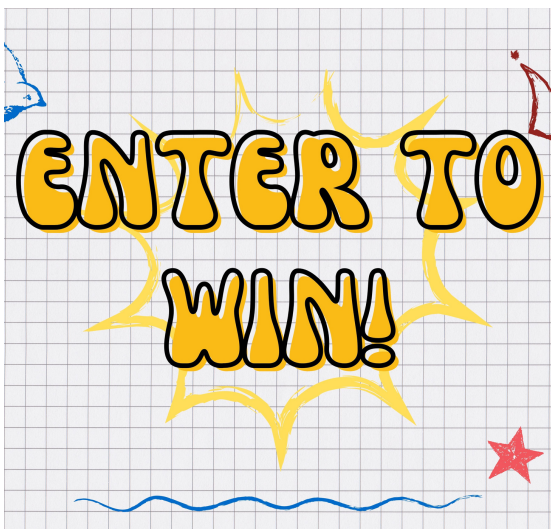
[Register Now](#)

### **Community Engagement: An Essential Component Of An Effective And Equitable Substance Use Prevention System**

Friday, December 16th, 2022 from 2-3:15PM

[Register Now](#)

## DRUG & ALCOHOL PREVENTION CONTEST



If you are in kindergarten, elementary school, middle school, or high school (or are a parent/guardian of someone in K-12) get ready for the 2nd RCYSUC Drug & Alcohol Prevention Contest! Students can win prizes, have their amazing work be shared around Richland County, and learn about substance use and prevention. The contest and chance to win prizes will be opening up in a few weeks! Stay tuned for more information coming soon at [drugfreerc.org](http://drugfreerc.org).

---

**RCYSUC Mission:** To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

---

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

