RCYSUC NEWSLETTER

Richland County Youth Substance Use Coalition

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Dear Coalition Members,

Thank you for reading the June issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held on June 27th, 2022 @ 3pm. It will be in person at Richland Public Health, with a Zoom option as well. The next Committee meetings will be:

Data & Evaluation - June 13th @ 12pm

Prescription Drugs - June 13th @ 3pm

Alcohol - June 15th @ 12pm

Thanks for your dedication + support!

FDA PROPOSES RULE TO BAN MENTHOL

FDA ACTION TO BAN MENTHOL CIGARETTES WILL:

- ✓ Advance racial and health equity
- ✓ Protect kids
- ✓ Save lives

The Food & Drug Administration (FDA) recently proposed a rule to ban menthol in cigarettes and flavored cigars. Menthol enhances nicotine's addictive effects and can increase the likelihood of youth using cigarettes. It also makes it more difficult for people to quit smoking. The menthol ban can create a positive impact for all, but especially Black people who are the primary users of menthol cigarettes. The public comment period for this rule is open until July 5th. Read more **HERE**.

NEWS + RESOURCES

<u>Perceived Effectiveness Of Objective Elements Of Vaping Prevention</u> <u>Messages Among Adolescents</u>

This study looks at vaping prevention messaging for adolescents. What is effective? What is not? Table 5 on page 6 of the study provides a great summary of elements that should be used in effective messaging and those that should be avoided. Some items to include are nicotine addiction and consequences, graphic imagery of effects on the body, warning symbols, parallels to cigarette smoking, and using second-person language (you). Avoid speaking for teens using their language or perspectives. Instead, talk TO them. Read more HERE.

Talking To Teens When Violence Happens

There is no shortage of violence around the world, in our country, and even locally in the City of Mansfield. Teens can respond to differently than adults to violent events. Remaining warm and open is one of the most important things you can do as a parent. Read the infographic HERE to get some quick tips on what you can do to help your child get through difficult times.

UPCOMING TRAININGS AND WEBINARS

How To Support Anxious Teens In Developing Resilience In Stressful Times

Tuesday, June 7th, 2022 from 1-2:30PM

Register Now

Fentanyl Factor

Wednesday, June 8th, 2022 from 10-11:30AM

Register Now

2022 National Institute on Drug Abuse (NIDA) International Forum

Thursday-Friday, June 9th-10th, 2022 from 8-11:45AM

Register Now

Engagement And Innovation Strategies For Youth Substance Use Prevention Messaging

Tuesday, June 14th, 2022 from 1:30-2:30PM

Register Now

Masculinity, Mental Health, and Substance Use

Wednesday, June 15th, 2022 from 2:30-3:30PM

Register Now

SUMMER PROGRAMS AND ACTIVITIES FOR YOUTH



Are you a youth? Or do you know youth that are looking for something to do this summer? Maybe a summer program, looking to attend a fun event, or just need an activity for the day? Look no further. There is a lot going on in Mansfield and Richland County over the next few months. Take a look at the list HERE!! If you know of anything that should be on there, or a correction needs to be made, comment on the document.

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by <u>Richland Public Health</u> and funded by the Office of National Drug Control Policy.



