

MAY 2022

RCYSUC NEWSLETTER



Richland County Youth Substance Use Coalition

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Dear Coalition Members,

Thank you for reading the May issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held on **May 23rd, 2022 @ 3pm**. It will be Zoom only, we will have two speakers giving a presentation. The next Committee meetings will be:

Data & Evaluation - May 9th @ 12pm

Prescription Drugs - May 9th @ 3pm

Alcohol - May 11th @ 12pm

Thanks for your dedication + support!



drugfreerc.org



facebook.com/RCYSUC

CONGRATULATIONS TO NEW BOARD MEMBERS!



Congratulations to the newest RCYSUC board members:

- Miki Zeigler - Co-Chair
- Angie Cirone - Secretary
- Ken Johnson - Treasurer

Thank you for your commitment to the Coalition, the community, and the youth.

NEWS + RESOURCES

[Use Of Tobacco Products, Alcohol, And Other Substances Among High School Students During The COVID-19 Pandemic](#)

The CDC analyzed survey data from a nationally representative sample of students in grades 9-12 between January and June 2021. Alcohol was still the #1 used substance (19.5%), followed by electronic vapor products (15.4%), and then marijuana use (12.8%). The prevalence of substance use was typically higher in non-Hispanic American Indian or Alaska Native students, older students, and gay, lesbian, or bisexual students. Current alcohol use and binge drinking was typically more prevalent among females, and White students. Students most commonly got alcohol by someone giving it to them (38.3%). Socioeconomic status was not looked at. Read more [HERE](#).

[Vaping Nicotine Is A Breath of Stress Air](#)

This website is a very catchy and engaging. It shares facts about vaping nicotine, resources to help you quit, as well as ways to reduce stress and anxiety. Nicotine does not help your stress and can make it worse. Learn more and check out the website [HERE](#).

[Association of Severity Of Adolescent Substance Use Disorders and Long-Term Outcomes](#)

Drs. Nora Volkow and Eric Wargo make the case for screening kids for substance use and substance use disorder (SUD). In addition to identifying the problem earlier, screening could be used to help estimate adult SUD. Those with more severe SUD at a young age are more likely to misuse decades later. Read the full commentary [HERE](#).

UPCOMING TRAININGS AND WEBINARS

The Lion's Side: Storytelling for Public Health

Tuesday, May 3rd, 2022 from 11AM-12:30PM

[Register Now](#)

Drivers Of Overdose In The U.S. Opioid And Stimulant Epidemics

Thursday, May 5th, 2022 from 10-11AM

[Register Now](#)

Youth Substance Use And The Developing Brain

Wednesday, May 11th, 2022 from 1:30-2:30PM

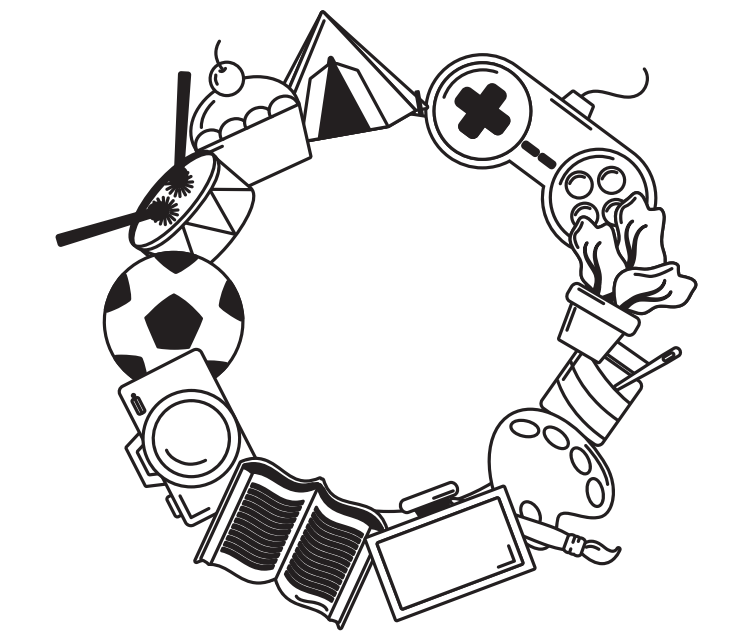
[Register Now](#)

How To Talk About Drug Use In Popular Media

This Is A Recording - Watch Anytime!

[Recording Link](#)

SUMMER PROGRAMS AND ACTIVITIES FOR YOUTH



Do you know of any upcoming summer programs or things to do for youth in Richland County? If so, please email gdeol@richlandhealth.org. RCYSUC will put together a list so people can easily find what is available. This may range from programs at The Friendly House to a day at the Trampoline Park. Help us make the list as comprehensive as possible!

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

