

MARCH 2022

RCYSUC NEWSLETTER



Richland County Youth Substance Use Coalition

IN THIS ISSUE

**DRUG & ALCOHOL
PREVENTION CONTEST
WINNERS**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**PREVENTION MAKES
MONEY BY SAVING
MONEY**

Dear Coalition Members,

Thank you for reading the March issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held on **March 28th, 2022 @ 3pm**. The next Committee meetings will be:

Data & Evaluation - Mar 14th @ 12pm

Prescription Drugs - Mar 14th @ 3pm

Alcohol - Mar 16th @ 12pm

Thanks for your dedication + support!



drugfreerc.org



facebook.com/RCYSUC

DRUG & ALCOHOL PREVENTION CONTEST WINNERS



Thank you to everyone who participated in the prevention contest!

Congratulations to our top vote-getters Kenzingtyn Couch, Brooklynn Collins, Samantha Bittner, and Faith Dyer.

Congratulations also to those chosen to be on a billboard! The submissions from Tanner Winningham, Timo Winningham, Kenzingtyn Couch, Brooklynn Collins, and Faith Dyer will be on billboards in Mansfield. Finally, a big thank you to ALL students who participated. As a token of our appreciation for your work and your time, you will be getting a \$15 gift card and a certificate! All submissions can be viewed at drugfreerc.org/contest.

NEWS + RESOURCES

[Driving Performance And Cannabis Users' Perception of Safety](#)

This article describes that regular users of marijuana have worse driving performance as seen in a simulator. Marijuana users think they are ok to safely drive after 90 minutes, but this study shows otherwise. The study challenges a common misperception some users have that they drive better when they smoke or vape marijuana. For people that don't regularly use marijuana, the impairment on driving could be even greater. Read more [HERE](#).

[Alcohol Effects On The Body](#)

Alcohol affects the body in many ways. Alcohol interferes with and can cause damage to the brain, heart, liver, and pancreas. It can also contribute to various forms of cancer. In fact, women who consume just 1 drink a day have a 5-9% higher chance of developing breast cancer than women who don't drink. Check out the many effects alcohol has on the body [HERE](#).

[Former White House Drug Czar, Jim Carroll, Speaks On The Opioid Crisis](#)

Many people are dying due to a poisoning from fentanyl. Educating the community, leaders, and students is crucial to help prevent future deaths. Watch the short clip [HERE](#).

UPCOMING TRAININGS AND WEBINARS

Youth Drug Trends: Local Implications And Solutions

Wednesday, March 9th, 2022 from 2:30-3:30PM

[Register Now](#)

Engaging With Hard-To-Reach Sectors

Friday, March 11th, 2022 from 11AM-12PM

[Register Now](#)

CHOICES Community Of Practice March Coffee Chat

Thursday, March 24th, 2022 from 2-2:50PM

[Register Now](#)

PREVENTION MAKES MONEY BY SAVING MONEY



Listen to a Coalition leader in Maryland discuss the importance of involving youth in every decision. He also emphasizes the importance of prevention work. Preventionists make money by saving money! Click [HERE](#) to watch this portion of the video.



RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

