

OCTOBER 2021

RCYSUC NEWSLETTER



Richland County Youth Substance Use Coalition

IN THIS ISSUE

COALITION CHAIR VOTE

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**EMERGING DRUG TREND:
WHAT IS DELTA-8?**

**OCTOBER PREVENTION +
AWARENESS MONTHS**



facebook.com/RCYSUC

Dear Coalition Members,

Thank you for reading the October issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. As a reminder, the next RCYSUC meeting will be held **October 25th, 2021 @ 3pm** both in person and via Zoom. The next Committee meetings will also be in person and on Zoom:

Alcohol - Oct 13th @ 12pm

Data & Evaluation - Oct 18th @ 12pm

Prescription Drugs - Oct 18th @ 3pm

Thanks for your dedication + support!

COALITION CHAIR VOTE



RCYSUC will be having a vote for the Coalition Chair on October 25th! If there is someone you would like to nominate for this role (yourself, another Coalition member, or someone outside the coalition) please email Gurp Deol at gdeol@richlandhealth.org. Basic responsibilities of this volunteer role include being a voice for the coalition and spreading the word, finding new members, providing input on the agenda, and helping facilitate coalition meetings.

NEWS + RESOURCES

[The Cannabis Industry And The Term "Medical Cannabis"](#)

This commentary from Dr. Bobby Smyth, a consultant child & adolescent psychiatrist, discusses the tactics the cannabis industry uses to soften attitudes towards its harm. The use of language is very important and the cannabis industry is intentional in what they're doing. This is a similar approach to the alcohol and tobacco industries.

[Rocky Mountain HIDTA 2021 Marijuana Report](#)

This annual report has a wealth of data tracking the impact of legalizing recreational marijuana in Colorado. Some findings: Suicide incidents with toxicology positive for marijuana has increased from 14% in 2013 to 29% in 2020. Most law enforcement contacts with students in 2019-2020 were for marijuana. Marijuana related exposures are steadily increasing, including children ages 0-12. Marijuana legalization has not reduced alcohol consumption. In fact, there has been a steady increase. There is a lot more to look at in the report, click the link above to check it out.

UPCOMING TRAININGS AND WEBINARS

2021 HIDTA Prevention Summit

October 7th, 2021 from 8:45AM-5PM

[Register Now](#)

Introduction To Advanced Ethics - Social Justice And Ethics

October 19th, 2021 from 1-2:30PM

[Register Now](#)

EMERGING DRUG TREND: WHAT IS DELTA-8?



Delta-8 has quickly gotten some nicknames including OTC weed, diet weed, and weed lite. It is nearly identical to delta-9, which is more commonly just referred to as marijuana. Delta-8 is currently being sold in

many states, including Ohio, often at gas stations. It is not approved by the FDA, has questionable marketing, and there are reported increases in adverse events due to its use. The legality of the substance is also in question, but it is still being sold. Learn more by viewing a set of informational slides from the Madison Chatham Coalition by clicking [HERE](#).

OCTOBER PREVENTION + AWARENESS MONTHS



October is National Medicine Abuse Awareness Month. It is also Substance Abuse Prevention Month. One way to help prevent substance use/misuse is by disposing of your unused/expired medications. You can do that during Prescription Drug Take Back Day on Saturday, October 23rd. More info coming soon.

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

