## RCYSUC NEWSLETTER

# Richland County Youth Substance Use Coalition

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Dear Coalition Members,

Thank you for reading the January issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! As a reminder, the next RCYSUC meeting will be held January 25th, 2021 via Zoom. Be on the lookout for the invite. Committees are open to anyone interested in joining and committed to substance use prevention. We are looking for additional members on each committee. The next Committee meetings will be on Zoom: Data & Evaluation - Jan. 11th @12pm Prescription Drugs - Jan. 11th @2:30pm Alcohol - Jan. 13th @12pm Thanks for your dedication + support!

### **MONITORING THE FUTURE 2020**



The Monitoring the Future

(MTF) Survey measures

drug/alcohol use and attitudes
in youth students across the
country. The 2020 MTF survey
results are out. Nicotine and
marijuana vaping rates have
held steady, decreasing rates in
alcohol use are slowing down,
and substance use among eighth
graders is trending up. Click
HERE for a great infographic
summarizing the results.

#### **NEWS + RESOURCES**

#### Non-fatal Drug Overdoses On The Rise In Children

In a study of nearly 90 million ER visits between April 2016-September 2019, data showed a disturbing trend. In all three age groups (birth to 10 years old; 11-14 years old; and 15-24 years old) stimulant overdoses were on the rise. All-drug related overdoses increased for the first 2 age groups, while decreasing slightly for the 15-24 age group.

#### Fatal Drug Overdoses Across U.S. Driven By Synthetic Opioids

**Fatal** drug overdoses are sadly on the rise as well, with fentanyl being a prime suspect. The largest increase was from March 2020 to May 2020 when lockdowns first began. The 12 month period ending in May 2020 was the largest number of drug overdoses ever recorded in the U.S. CDC recently put out a health alert along with recommendations to help prevent further increases. Click HERE to learn more.

#### **UPCOMING TRAININGS AND WEBINARS**

Youth Engagement In Tobacco Control - Jan. 11th, 2021 from 3-4:30PM Register Now

The Impact Of Pandemic Life On Teens - Jan. 27th, 2021 from 2:30-3:30PM Register Now

Addiction And Recovery 2021: The Latest Findings From Neuroscience Research - Jan. 27th, 2021 from 3-4:30PM

Register Now

#### **COMMUNITY SPOTLIGHT**



#### 419 BARBERSHOP

Damien Beauford is the owner of <u>419 Barbershop</u> and a lifelong resident of Mansfield, OH. Damien says, "I've always had a strong passion for community and I've seen firsthand the growth one can experience when they are poured into." 419 aims to be a staple in the community. They have hosted clothing drives, drop off and pick up points for take home crafts from the Art Center, served community meals, donated haircuts, sponsored/provided equipment to local teams, and more. "I believe the biggest gift and blessing has been the conversations and friendships made inside the shop. Hair grows back, but relationships are everlasting!" he said.

#### **COUNT ON ME RC**



Check out the new <u>CountOnMeRC</u> collaborative effort to help CANCEL OUT COVID-19. Watch a quick video with various community members and partners and browse the website for more helpful information. Richland County, can we count on you?

**RCYSUC Mission**: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by <u>Richland Public Health</u> and funded by the Office of National Drug Control Policy.



