

RCYSUC NEWSLETTER

The logo features three stylized, overlapping curved lines in orange, yellow, and green, creating a sense of motion or a starburst effect.

Richland County Youth Substance Use Coalition

IN THIS ISSUE

**POTENTIAL TREATMENT
FOR METH ADDICTION**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**COMMUNITY
SPOTLIGHT**

**NORTH CENTRAL OHIO
HARM REDUCTION
GROUP**

Dear Coalition Members,

Thank you for reading the February issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. Suggestions on articles, trainings, or webinars are always welcome. As a reminder, the next RCYSUC meeting will be held **February 22nd, 2021** via Zoom. The next Committee meetings will be on Zoom as well:

Data & Evaluation - Feb. 8th @12pm

Prescription Drugs - Feb. 8th @2:30pm

Alcohol - Feb. 10th @12pm

Thanks for your dedication + support!

POTENTIAL TREATMENT FOR METH ADDICTION



Meth addiction may finally have a safe and effective treatment. A new study showed that the combination of Naltrexone and Wellbutrin is more effective when compared to a placebo and resulted in fewer cravings and improvements to their lives. While this combination can already be prescribed, the hope is it will be approved by the Food and Drug Administration (FDA) so insurances can cover it. Read more [HERE](#).

NEWS + RESOURCES

Marijuana Use By Youth With Mood Disorders Linked To Increased Risks

A new [study](#) in the Journal of the American Medical Association (JAMA) Pediatrics showed that cannabis use disorder is significantly associated with an increased risk of self-harm and mortality among youth with mood disorders.

Vaping And Juuling - What's The Big Deal?

Click [HERE](#) to see a vaping fact card from the American Academy of Pediatrics. The card includes helpful facts as well as tools you can use to help quit. Some popular and effective resources include "This Is Quitting" (a free mobile program) and "My Life, My Quit", another free and confidential resource.

UPCOMING TRAININGS AND WEBINARS

The Impact Of The Opioid Epidemic On Families - Feb. 4th, 2021 from 10-11AM

[Register Now](#)

Helping Families Navigate The System Of Addiction & Understand Treatment Options - Feb. 23rd, 2021 from 2-3:30PM

[Register Now](#)

Reducing Stigma, Gaining Faith In Prevention - Feb. 24th, 2021 from 1-3PM

[Register Now](#)

COMMUNITY SPOTLIGHT

Katie Ellington is a member of the RCYSUC's Data & Evaluation Committee. She grew up in Bellville, OH and has worked as a full-time reporter at [Richland Source](#) since 2019. Her work focuses primarily on education, life and culture, and solutions journalism. When not working, she enjoys hiking, singing with the Mansfield Symphony Chorus, and volunteering for the Mid-Ohio Youth Mentoring Program. She's always looking for opportunities to brush up on her Spanish. Thank you Katie for all that you do!

NORTH CENTRAL OHIO HARM REDUCTION GROUP



Check out the [Facebook](#) page of the new North Central Ohio Harm Reduction group. This is a community organization of people with lived experience, family members, and advocates aiming to promote the health of people with addiction. Reach out to Paul or Anne Joudrey at paul.joudrey@yale.edu or annejoudrey1@gmail.com for more information or if you'd like to get involved.

RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

