

APRIL 2021

RCYSUC NEWSLETTER

The logo features three stylized, overlapping curved lines in orange, yellow, and green, creating a sense of motion or a starburst effect.

Richland County Youth Substance Use Coalition

IN THIS ISSUE

**NATIONAL ALCOHOL
AWARENESS MONTH**

NEWS + RESOURCES

**UPCOMING TRAININGS
AND WEBINARS**

**NATIONAL
PRESCRIPTION DRUG
TAKE BACK DAY**

Dear Coalition Members,

Thank you for reading the April issue of the Richland County Youth Substance Use Coalition (RCYSUC) Prevention Newsletter! In this newsletter you'll find the latest news, resources, webinars and more. Suggestions on articles, trainings, or webinars are always welcome. As a reminder, the next RCYSUC meeting will be held **April 26th, 2021** via Zoom. The next Committee meetings will also be on Zoom:

Data & Evaluation - April 12th @12pm

Prescription Drugs - April 12th @2:30pm

Alcohol - April 14th @12pm

Thanks for your dedication + support!

NATIONAL ALCOHOL AWARENESS MONTH



April is National Alcohol Awareness Month. It is no secret that the pandemic has led to an increase in alcohol use. A recent [survey](#) by the American Psychological Association of 3,000 adults showed that 1 in 4 respondents have been drinking more to cope with stress. Find healthy ways to cope with stress instead. Take a break from social media, talk to friends/family, get plenty of sleep, and exercise regularly.

NEWS + RESOURCES

[Smoking Is On The Rise Again](#)

Smoking has started to make a comeback during the pandemic. Calls to quitlines across the United States are down. Meanwhile, cigarette sales for the first 10 months of 2020 were up almost 1%. Since 2015, we have actually seen a 4% to 5% annual decline, so this is a big shift in the opposite direction for 2020. Click [HERE](#) to read more.

[2020 National Drug Threat Assessment \(NDTA\)](#)

Drug traffickers commonly transport bulk currency. The same is true of passengers on commercial airlines. According to the 2020 NDTA Report, Ohio is the #2 state in seizure amounts, more than doubling from 2018 to 2019. Check out page 87 of the report for more information.

UPCOMING TRAININGS AND WEBINARS

Clear the Vapor Conference: Parents Against Vaping E-cigarettes (PAVE)

Apr. 7th, 2021 from 10AM-5:30PM

[Register Now](#)

Protective Factors In Substance Use - Apr. 8th, 2021 from 2:30-4PM

[Register Now](#)

Sector Collaboration Drives Community Change - Apr. 14th, 2021 from 1-2:30PM

[Register Now](#)

Teen Triple Threat: Top Risks For Young Drivers - Apr. 19th, 2021 from 2-3:30PM

[Register Now](#)

NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

National Prescription Drug Take Back Day will be **Saturday, April 24th from 10AM-2PM**. The event will be held at the Richland County Regional Waste Management Authority @ 1125 National Parkway, Mansfield, OH 44906. You may bring prescription pills of any kind, over-the-counter medications, medication samples, pet medications, and vitamins. This will be a drive-thru event.



RCYSUC Mission: To empower Richland County youth, families, and the community to reduce youth substance use through education, intervention, and participation.

The RCYSUC is brought to you by [Richland Public Health](#) and funded by the Office of National Drug Control Policy.

